

# Infection Risk and Indoor Air Quality in Schools of Canton Grisons

First WHO/Europe Indoor Air Conference

20 September 2023 Bern, Switzerland

Hossein Gorji <sup>1</sup>, Alexa Caduff <sup>2</sup>, Ivan Lunati <sup>1</sup>

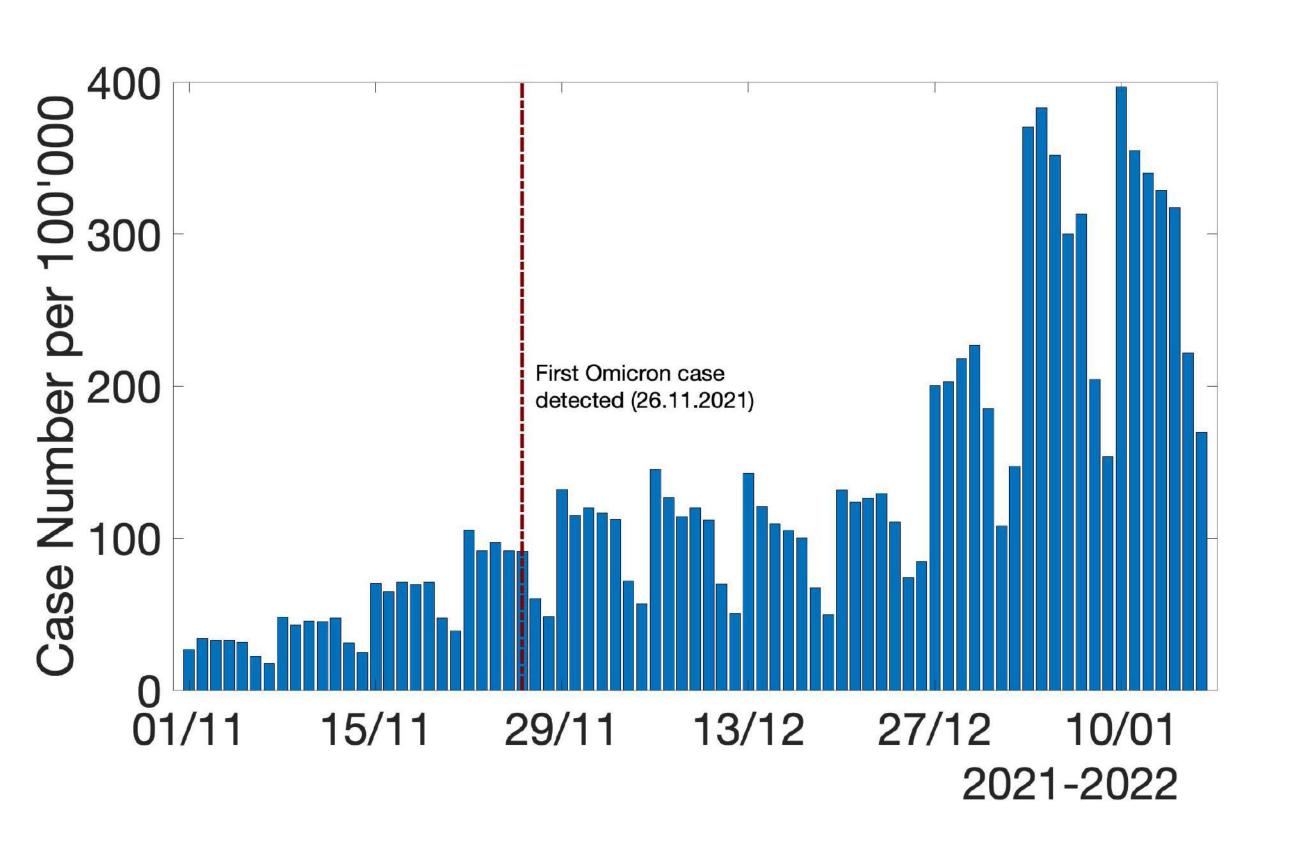
- 1. Laboratory of multi-scale studies in building physics, Empa, Switzerland
- 2. Department of Justice, Security, and Health, Canton Grisons, Switzerland

## Epidemiological Background



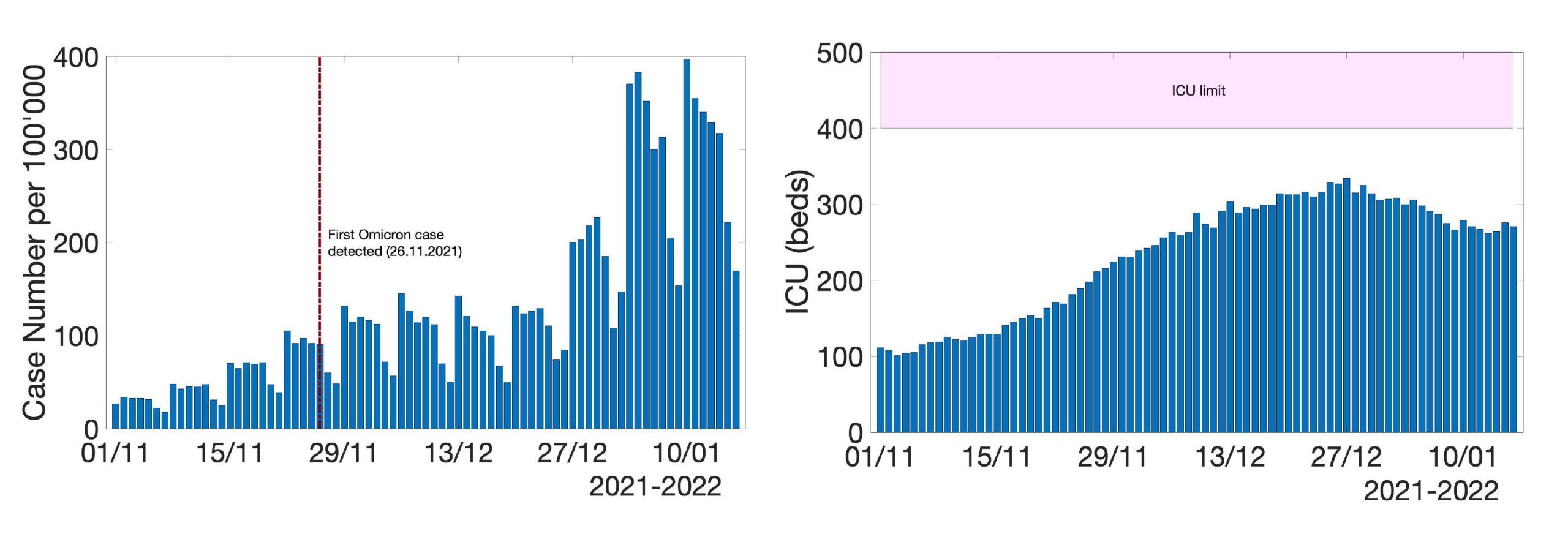
## **Epidemiological Background**





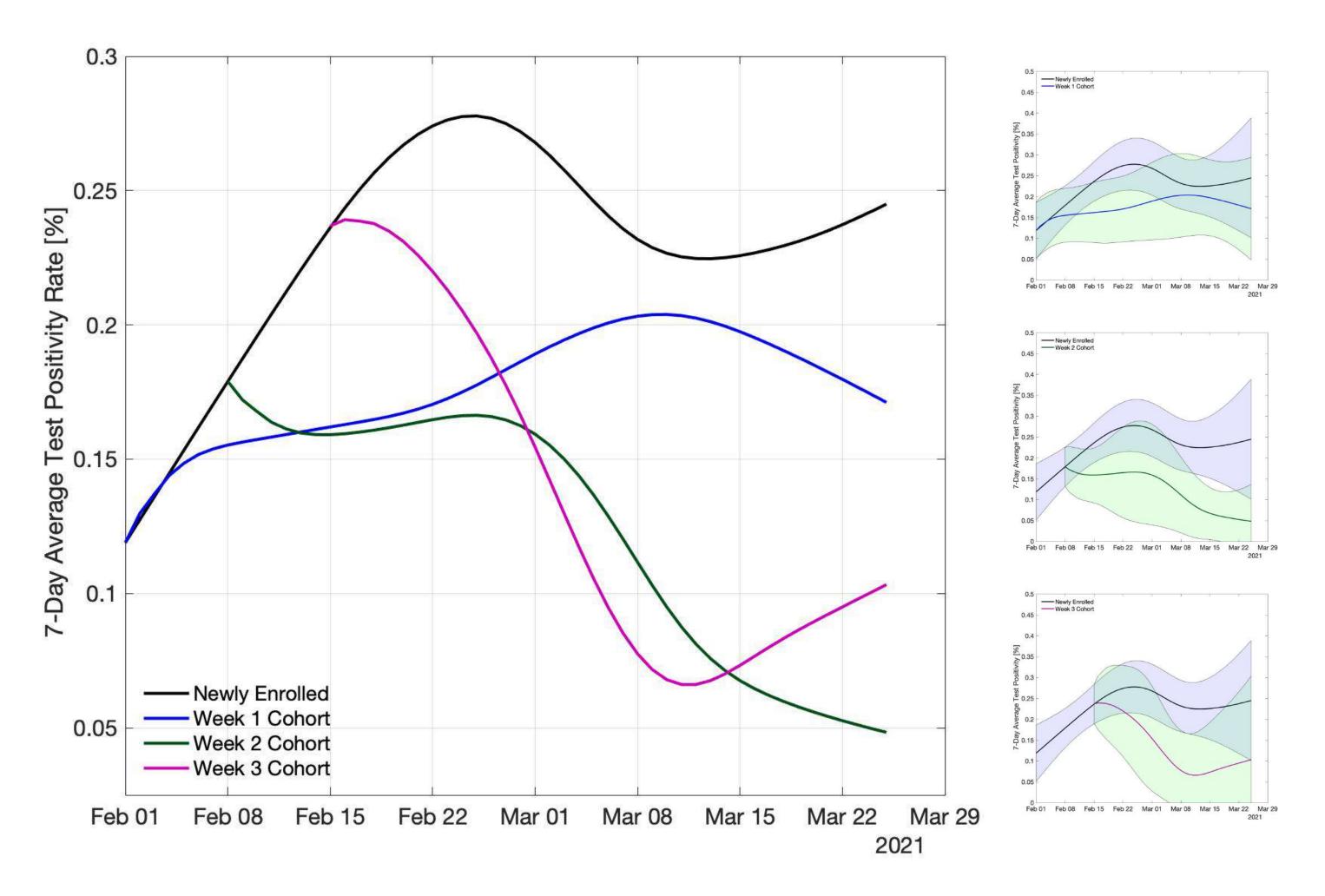
## **Epidemiological Background**





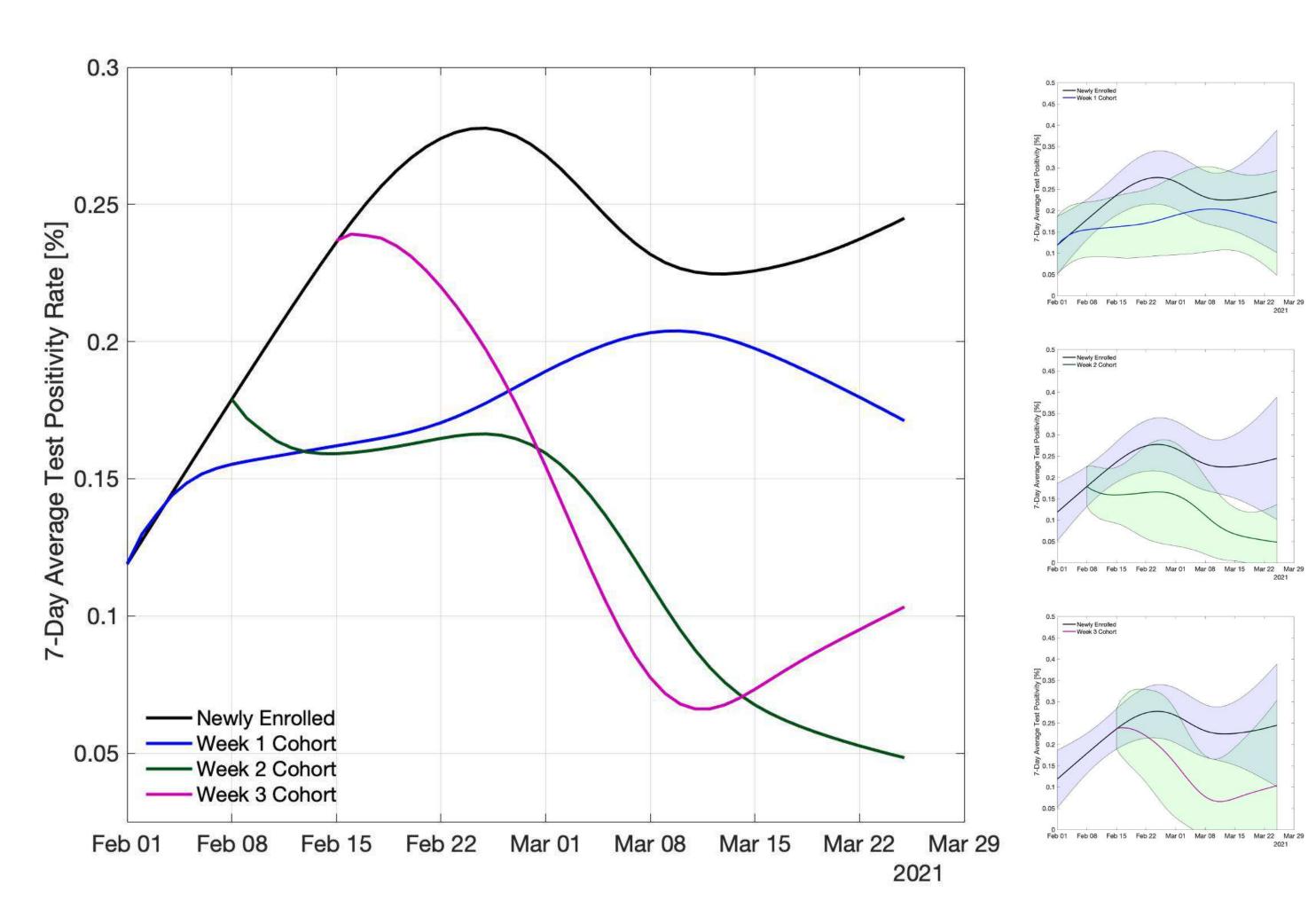






Gorji, Lunati, et al. Scientific Reports (2022)

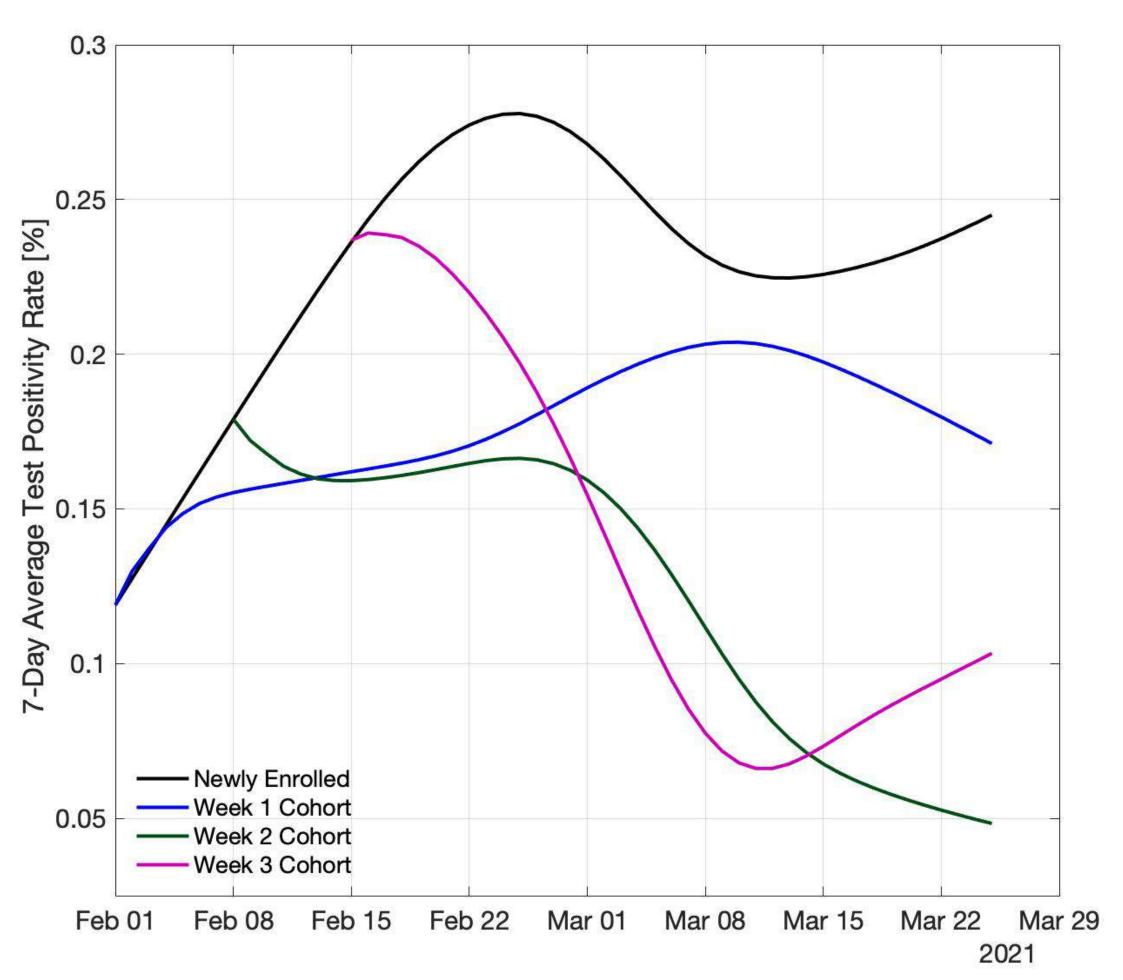


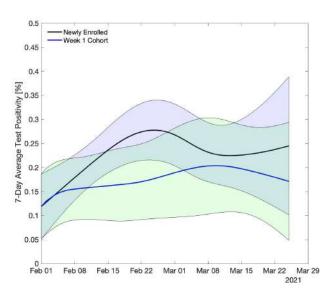


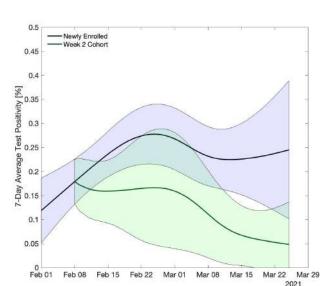
Saliva based RT-PCR tests were offered on a weekly basis to all employees of businesses as well as students. The mitigation turned out impactful in reducing the incidence, while limiting the socio-economical toll of extreme measures.

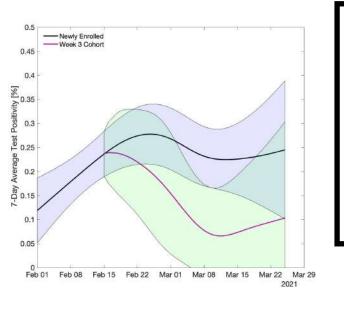
Gorji, Lunati, et al. Scientific Reports (2022)











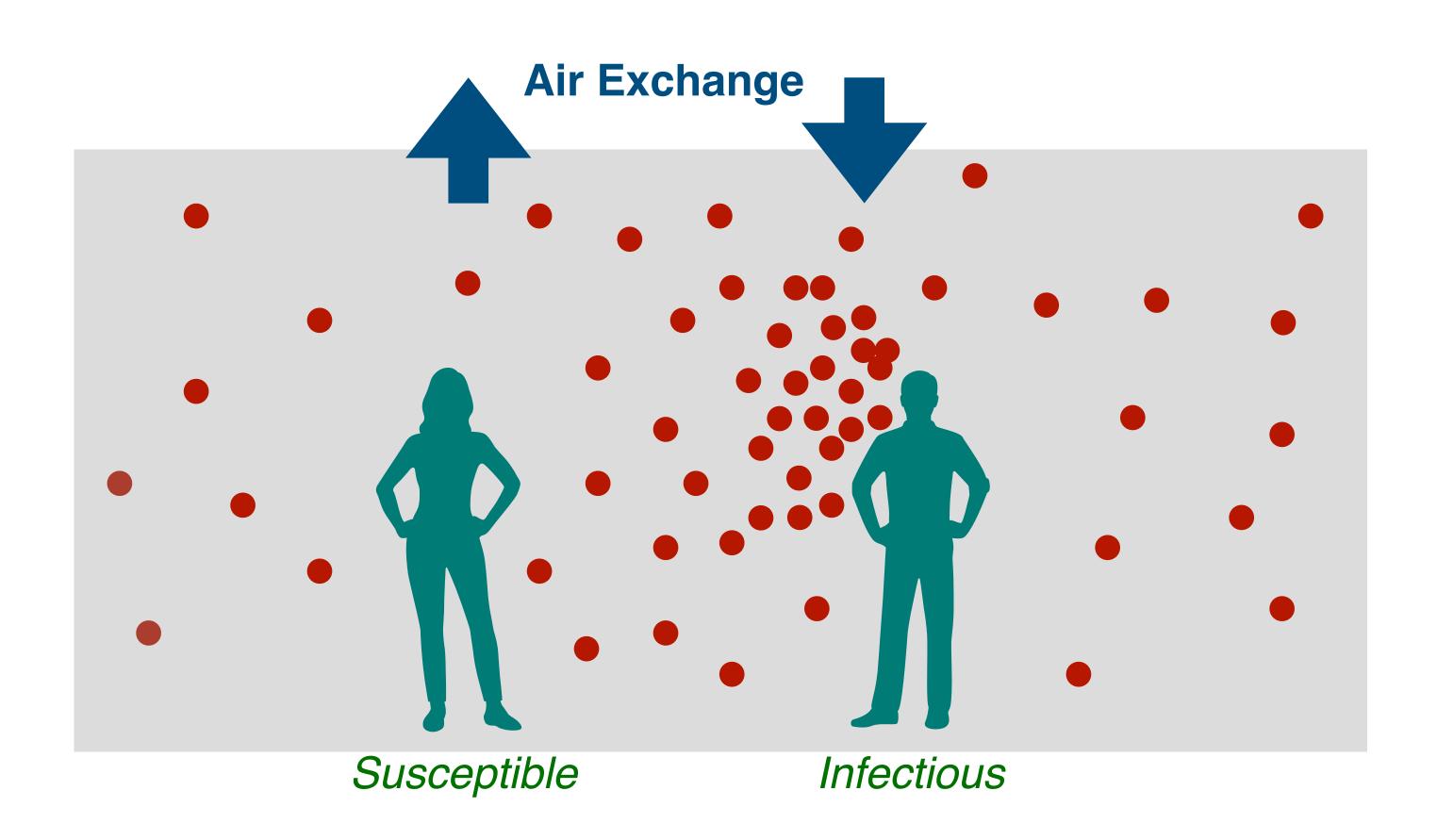
Saliva based RT-PCR tests were offered on a weekly basis to all employees of businesses as well as students. The mitigation turned out impactful in reducing the incidence, while limiting the socio-economical toll of extreme measures.

However it was unclear if further measures are needed as the case numbers were increasing and the health system was operating close to the surge limit.

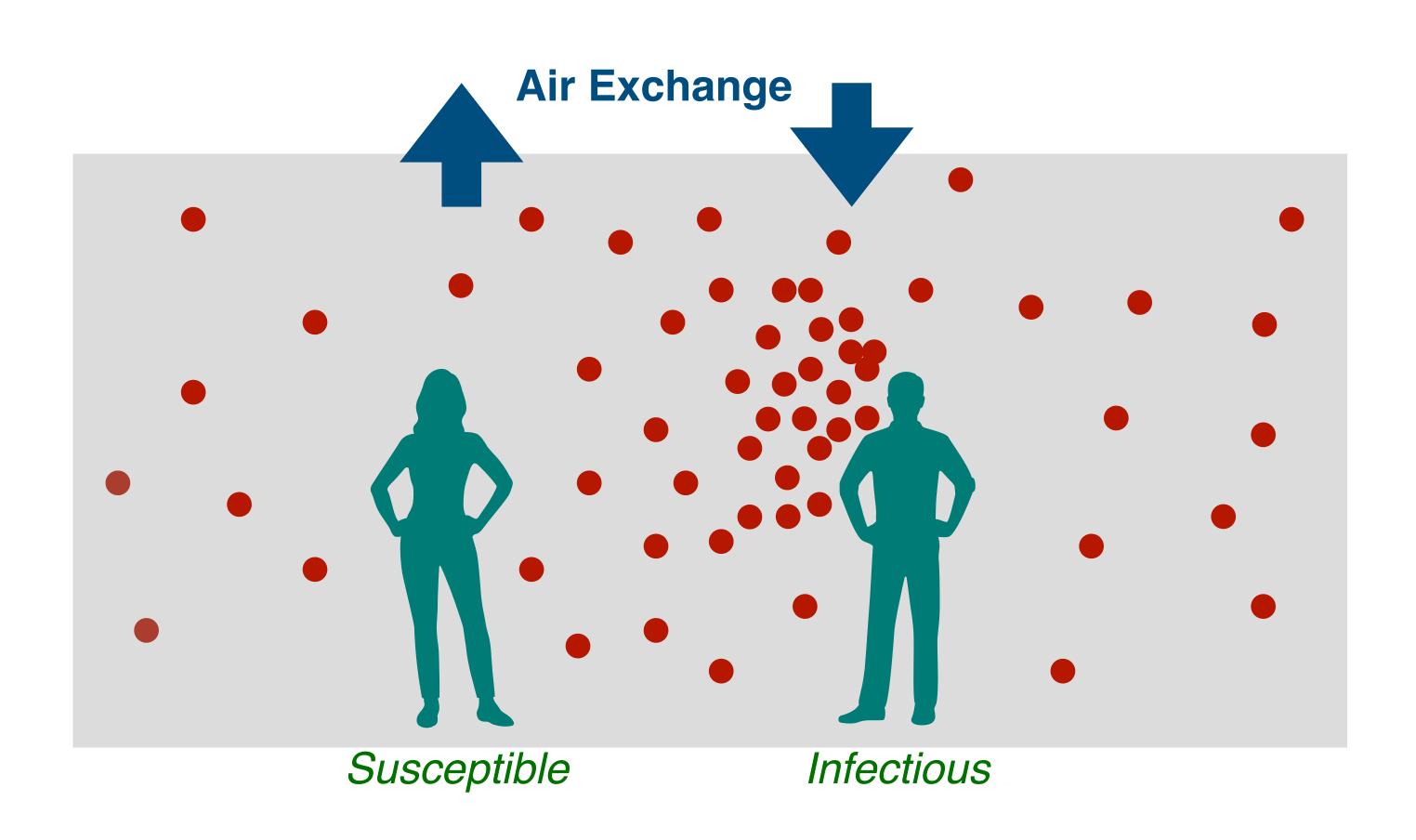
Gorji, Lunati, et al. Scientific Reports (2022)





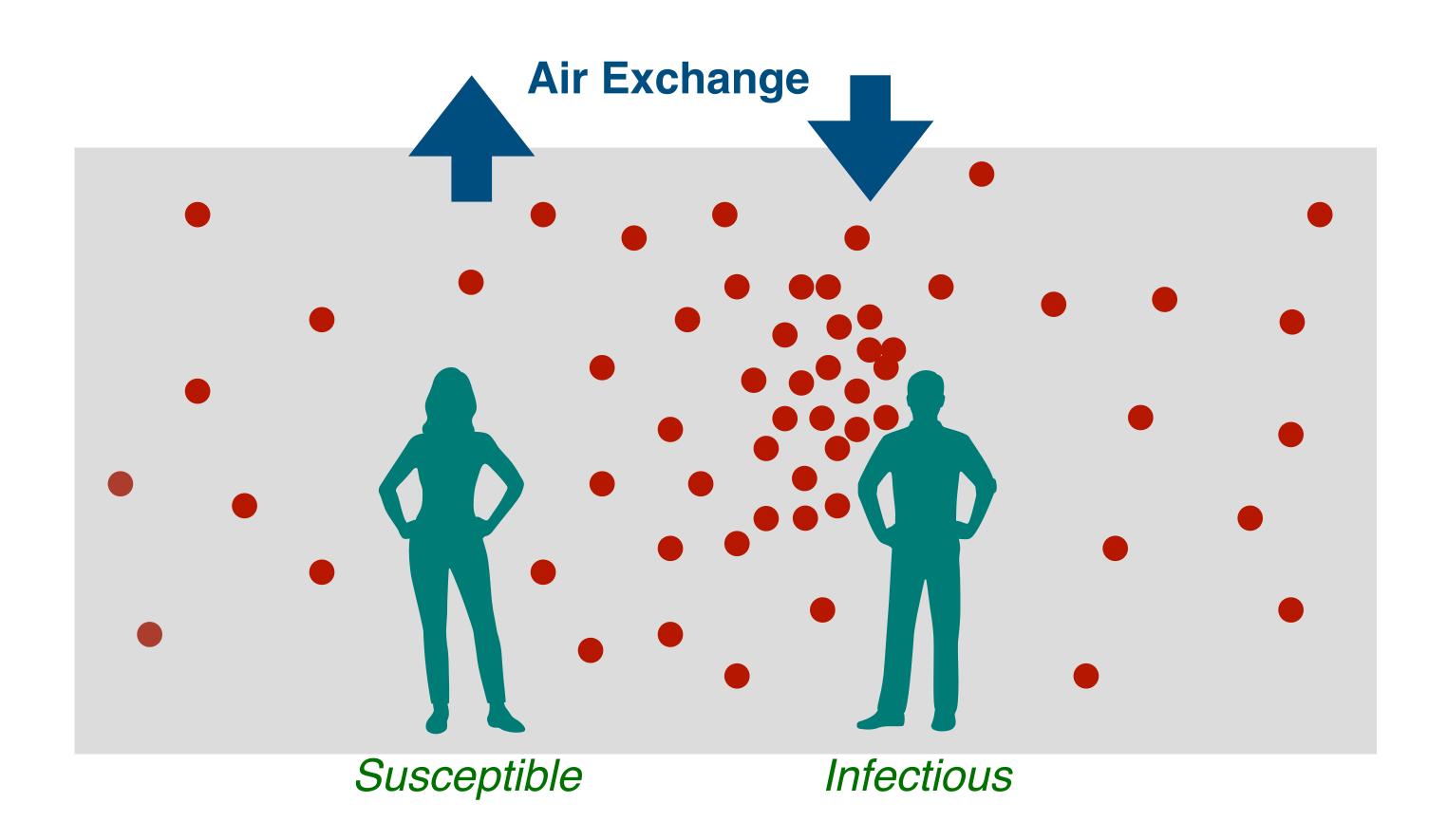






Carbon dioxide concentration is a proxy for air exchange rate, thereby providing a risk assessment for respiratory pathogen transmission in indoor environment, due to exhaled-breath exposure.





Carbon dioxide concentration is a proxy for air exchange rate, thereby providing a risk assessment for respiratory pathogen transmission in indoor environment, due to exhaled-breath exposure.

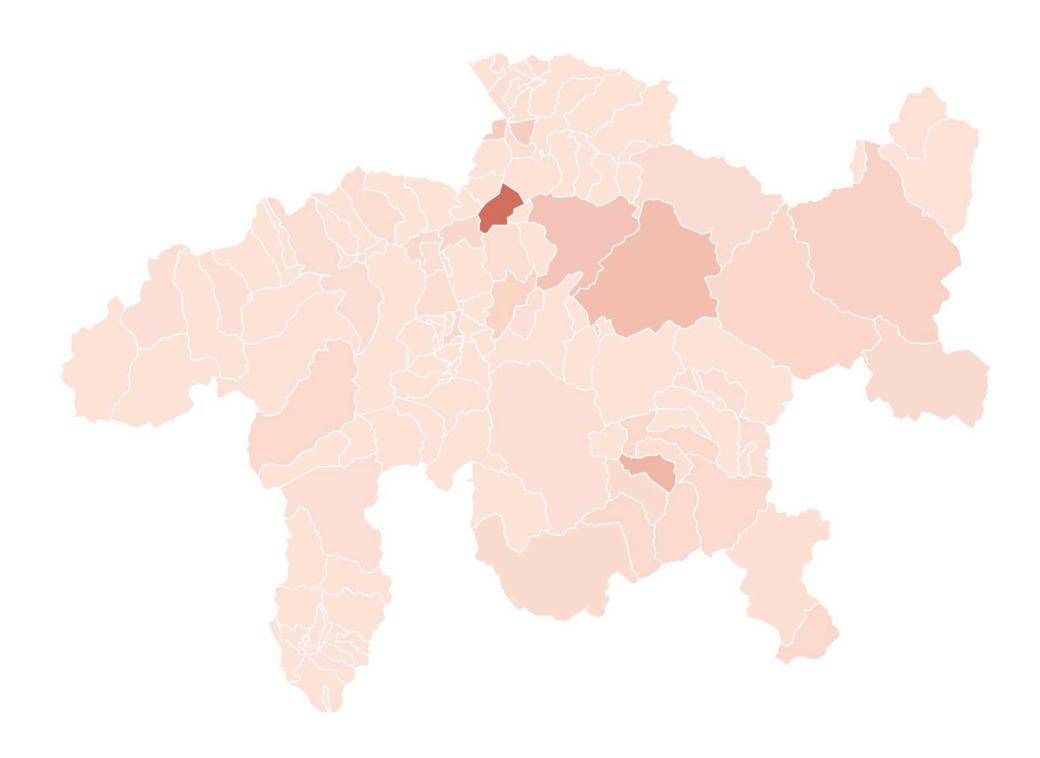
Obviously the risk primarily depends on the number of infectious individuals, however, the indoor air can significantly facilitate or reduce the transmission.



Combining school testing and indoor air monitoring

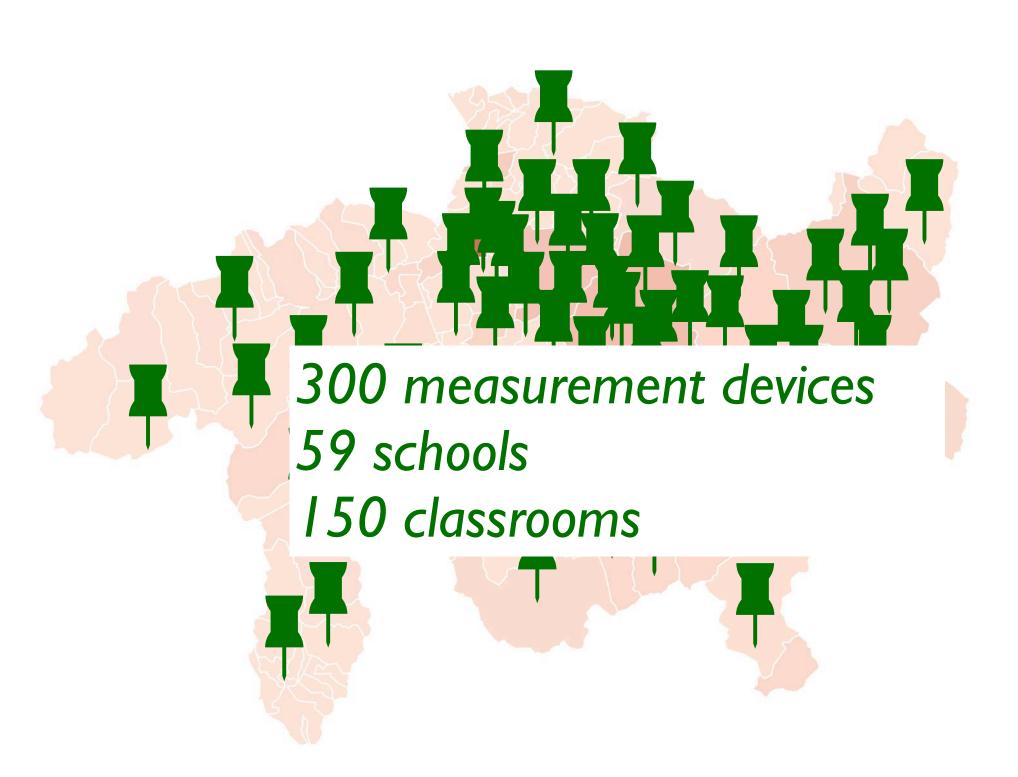


#### Combining school testing and indoor air monitoring



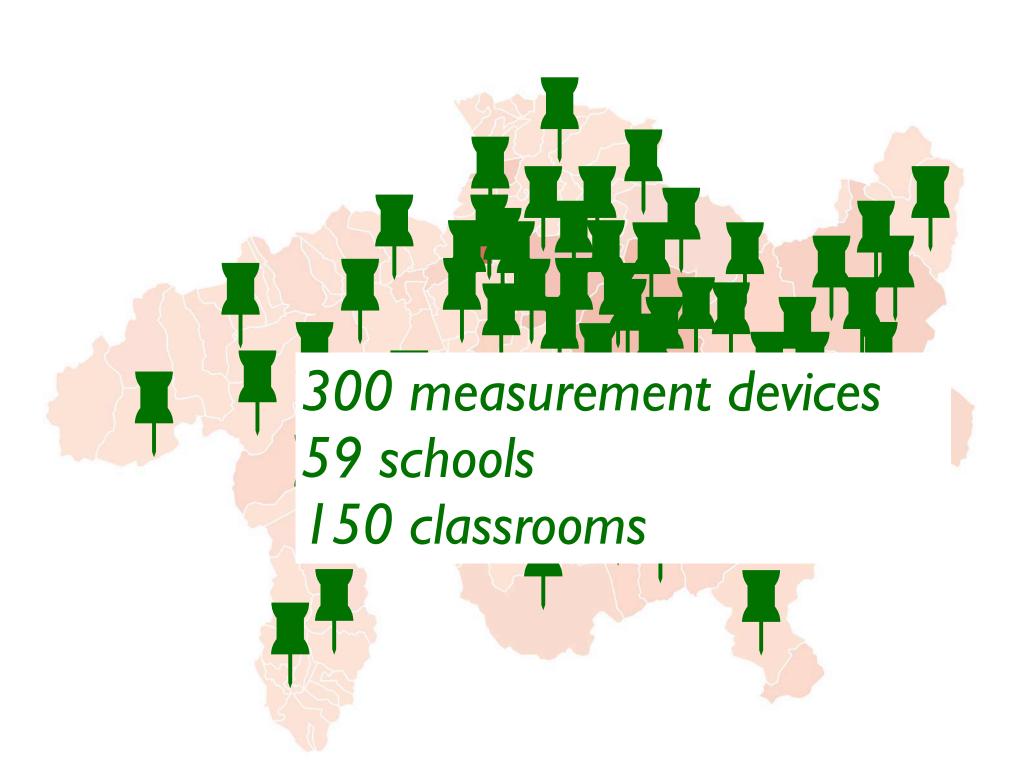


#### Combining school testing and indoor air monitoring





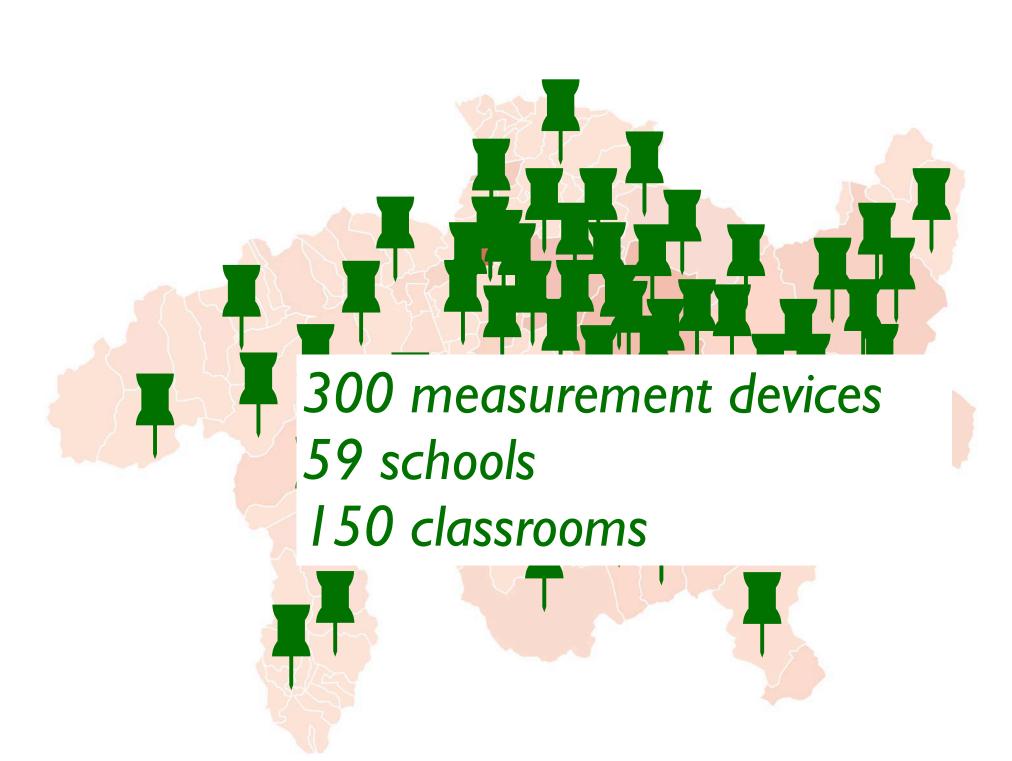
#### Combining school testing and indoor air monitoring



What is the impact of indoor air on school outbreaks?



#### Combining school testing and indoor air monitoring



What is the impact of indoor air on school outbreaks?

What should be considered as *safe level* for CO<sub>2</sub> concentration?





Prior to their deployment, the sensors were tested in the climate chamber at Laboratory of Multiscale Studies in Building Physics, Empa.



Prior to their deployment, the sensors were tested in the climate chamber at Laboratory of Multiscale Studies in Building Physics, Empa.

The performance of the sensors is found to be within the declared specifications.



Prior to their deployment, the sensors were tested in the climate chamber at Laboratory of Multiscale Studies in Building Physics, Empa.

The performance of the sensors is found to be within the declared specifications.

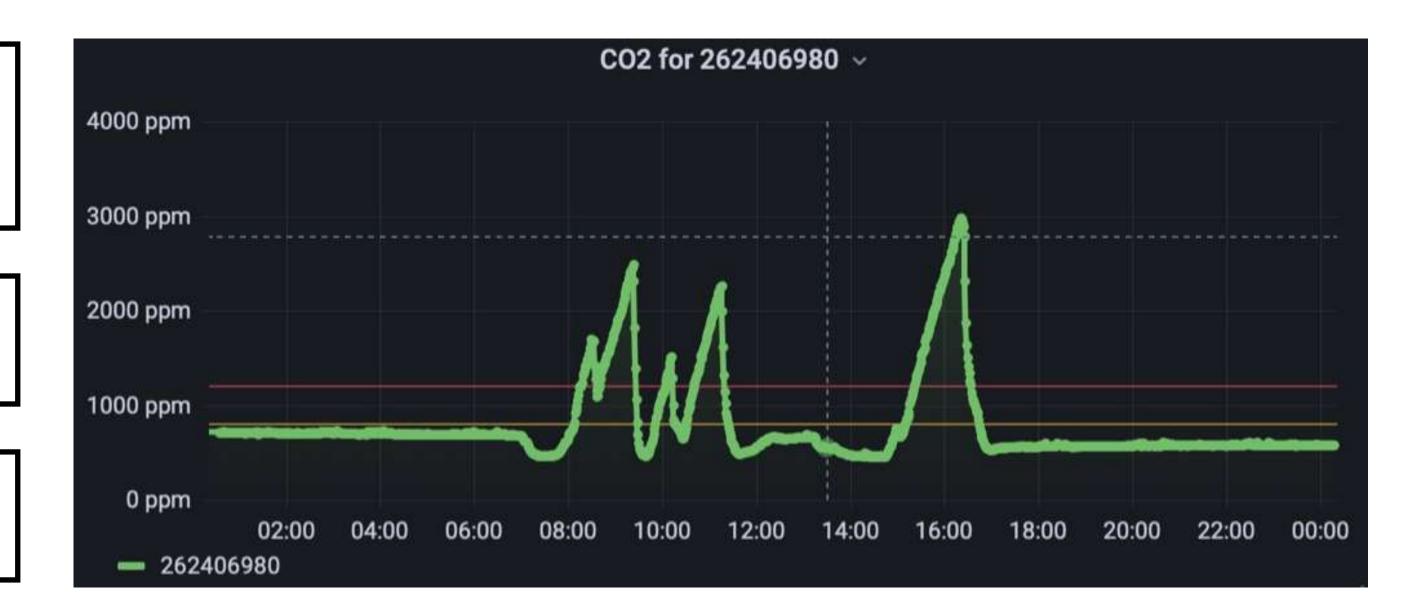
Teachers were asked to ignore measurement equipment.



Prior to their deployment, the sensors were tested in the climate chamber at Laboratory of Multiscale Studies in Building Physics, Empa.

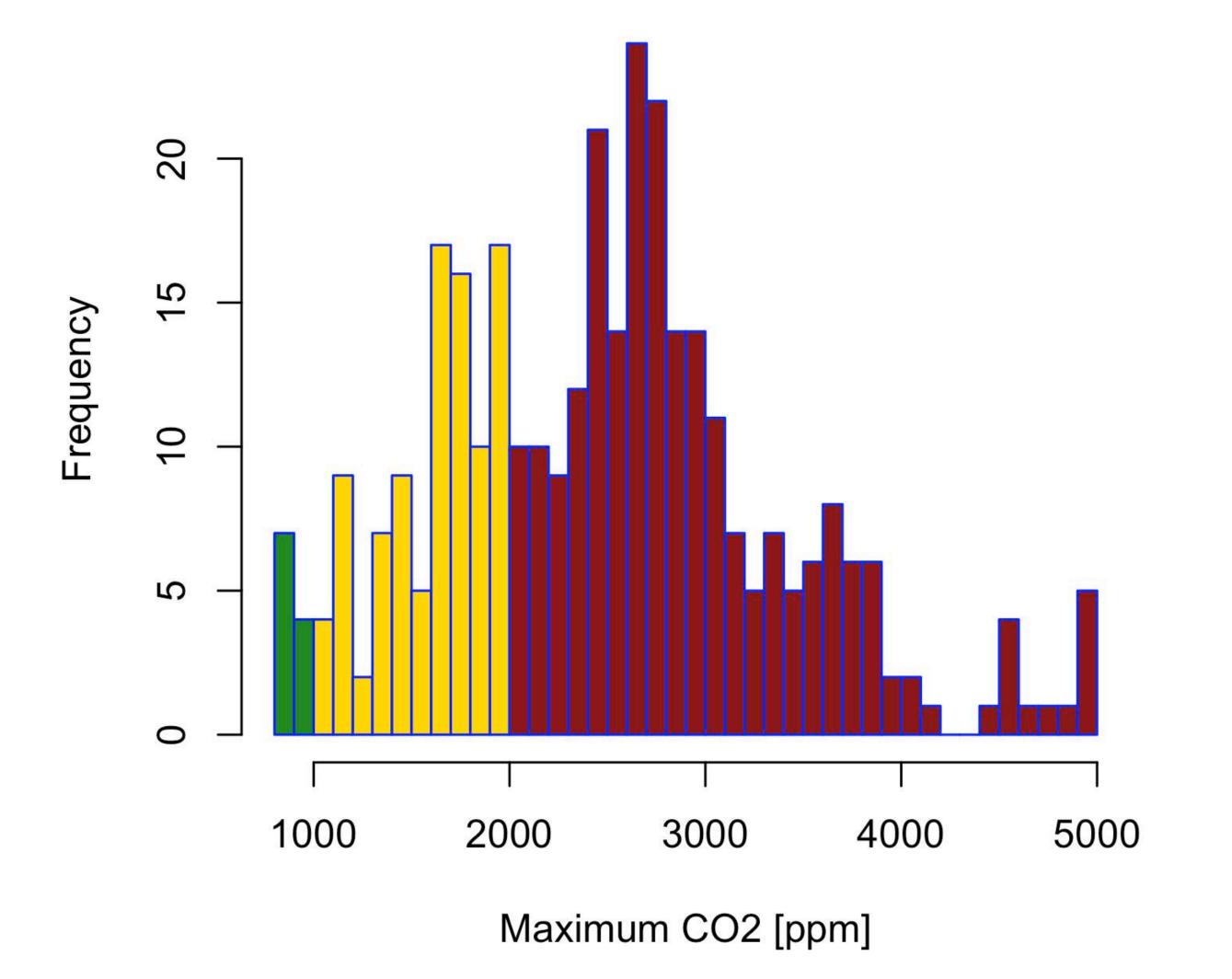
The performance of the sensors is found to be within the declared specifications.

Teachers were asked to ignore measurement equipment.

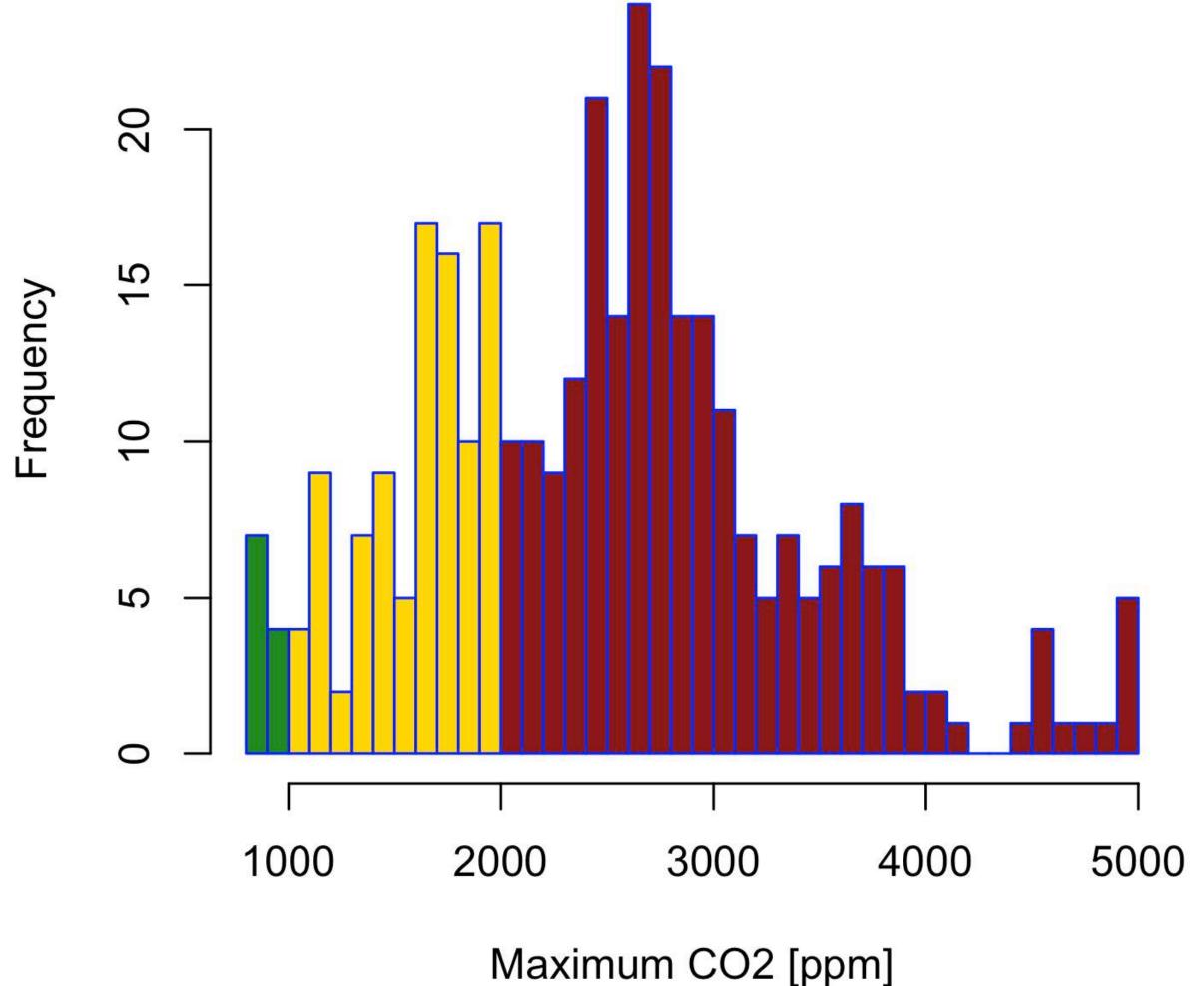






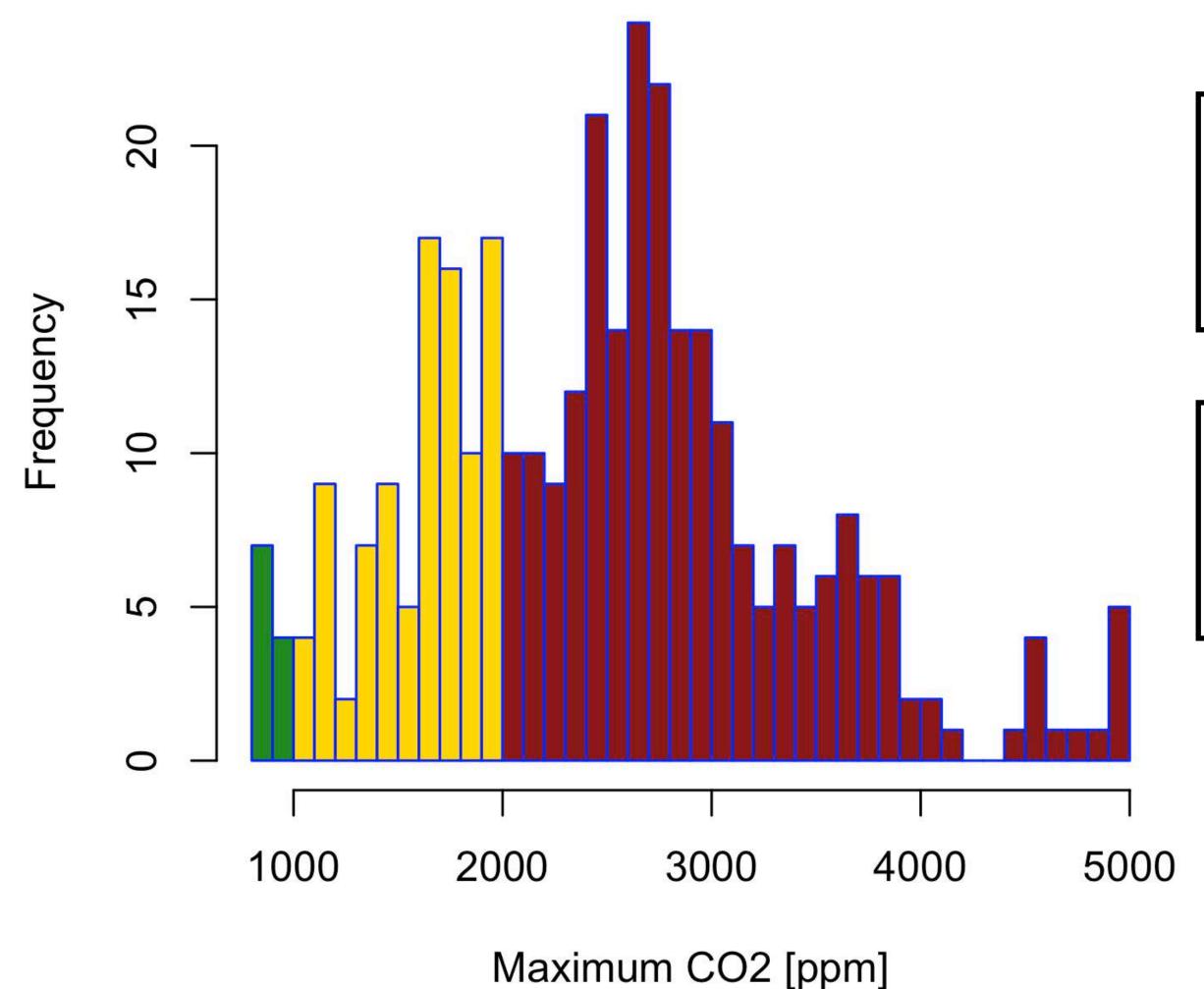






For each interval, the histogram shows the number of sensors that reached a certain maximum CO<sub>2</sub> concentration. The CO<sub>2</sub> level exceeds **2'000 ppm in almost 60%** of the classrooms.

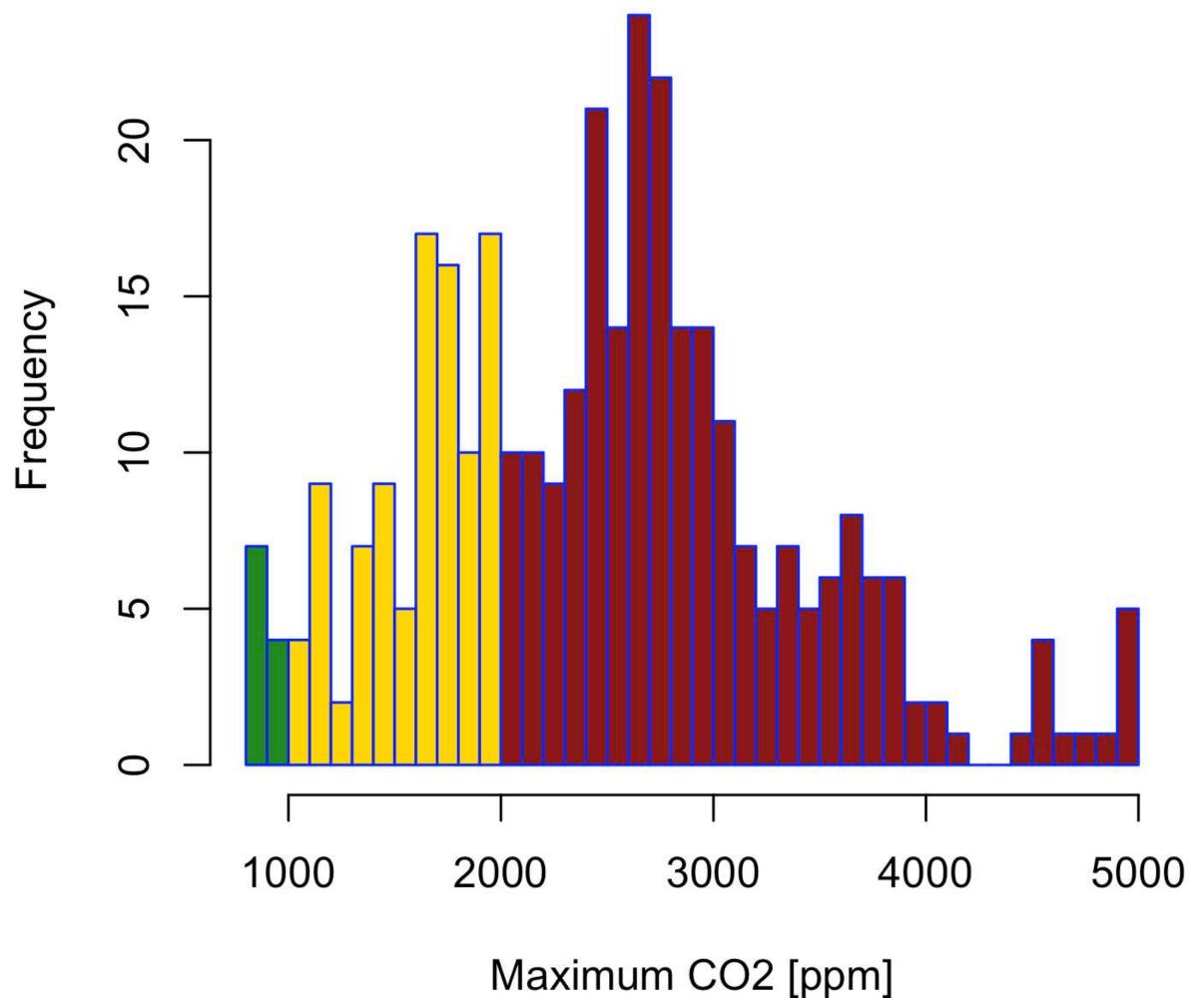




For each interval, the histogram shows the number of sensors that reached a certain maximum CO<sub>2</sub> concentration. The CO<sub>2</sub> level exceeds **2'000 ppm in almost 60%** of the classrooms.

The FOPH has set the objective that CO<sub>2</sub> levels in classrooms should remain **below 1'400 ppm** throughout the school day, irrespective of the ventilation system used (maximum values).





For each interval, the histogram shows the number of sensors that reached a certain maximum CO<sub>2</sub> concentration. The CO<sub>2</sub> level exceeds **2'000 ppm in almost 60%** of the classrooms.

The FOPH has set the objective that CO<sub>2</sub> levels in classrooms should remain **below 1'400 ppm** throughout the school day, irrespective of the ventilation system used (maximum values).

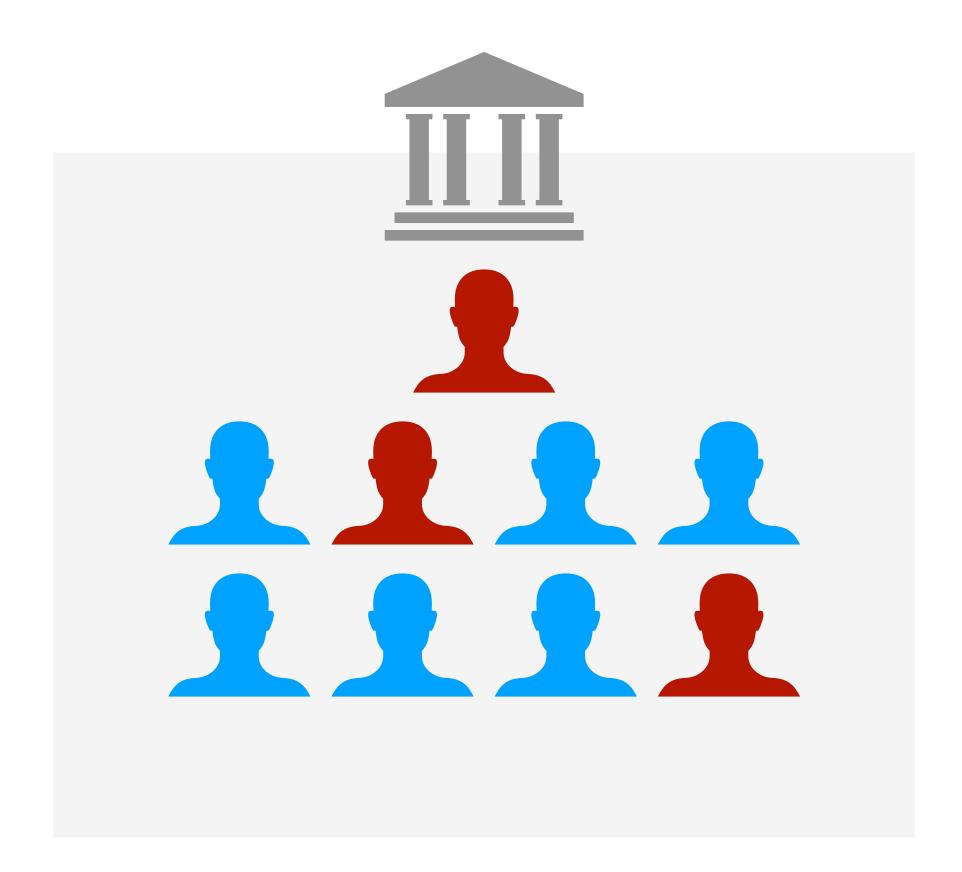
Most authoritative references converge on a value of **800 to 1'000 ppm** being recommended during a pandemic (Swiss National COVID-19 Science Task Force).





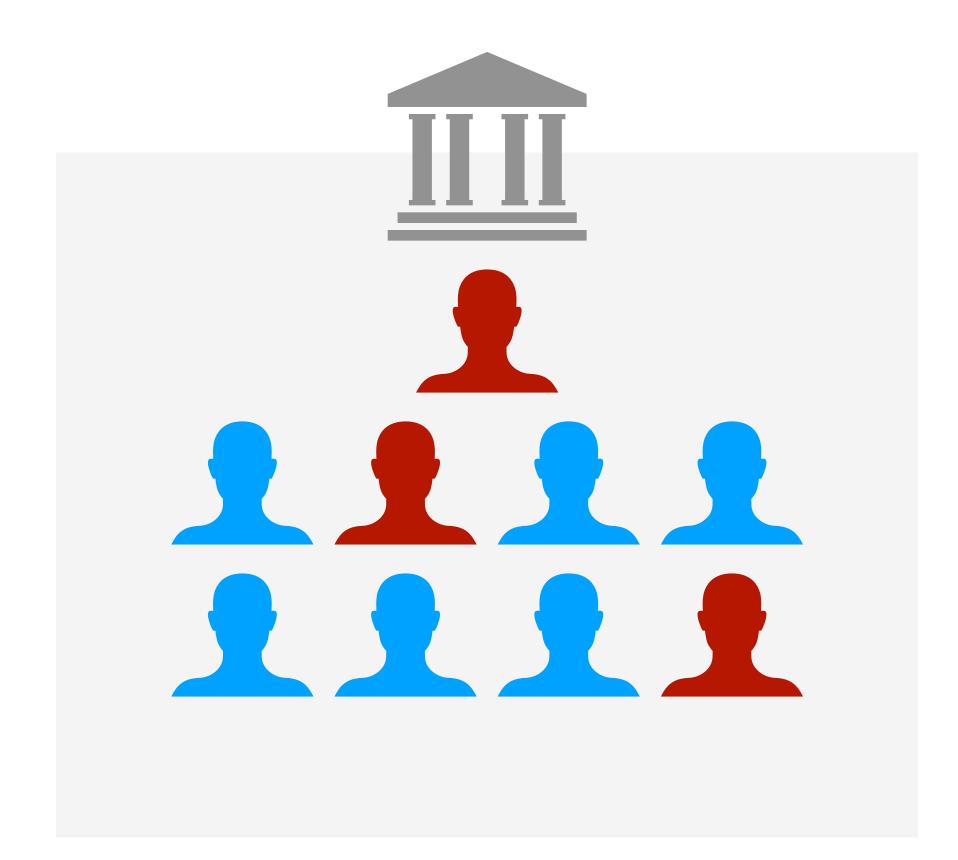






We didn't have access to negative tests, nor the number of present students. Therefore we focus on pool of students.

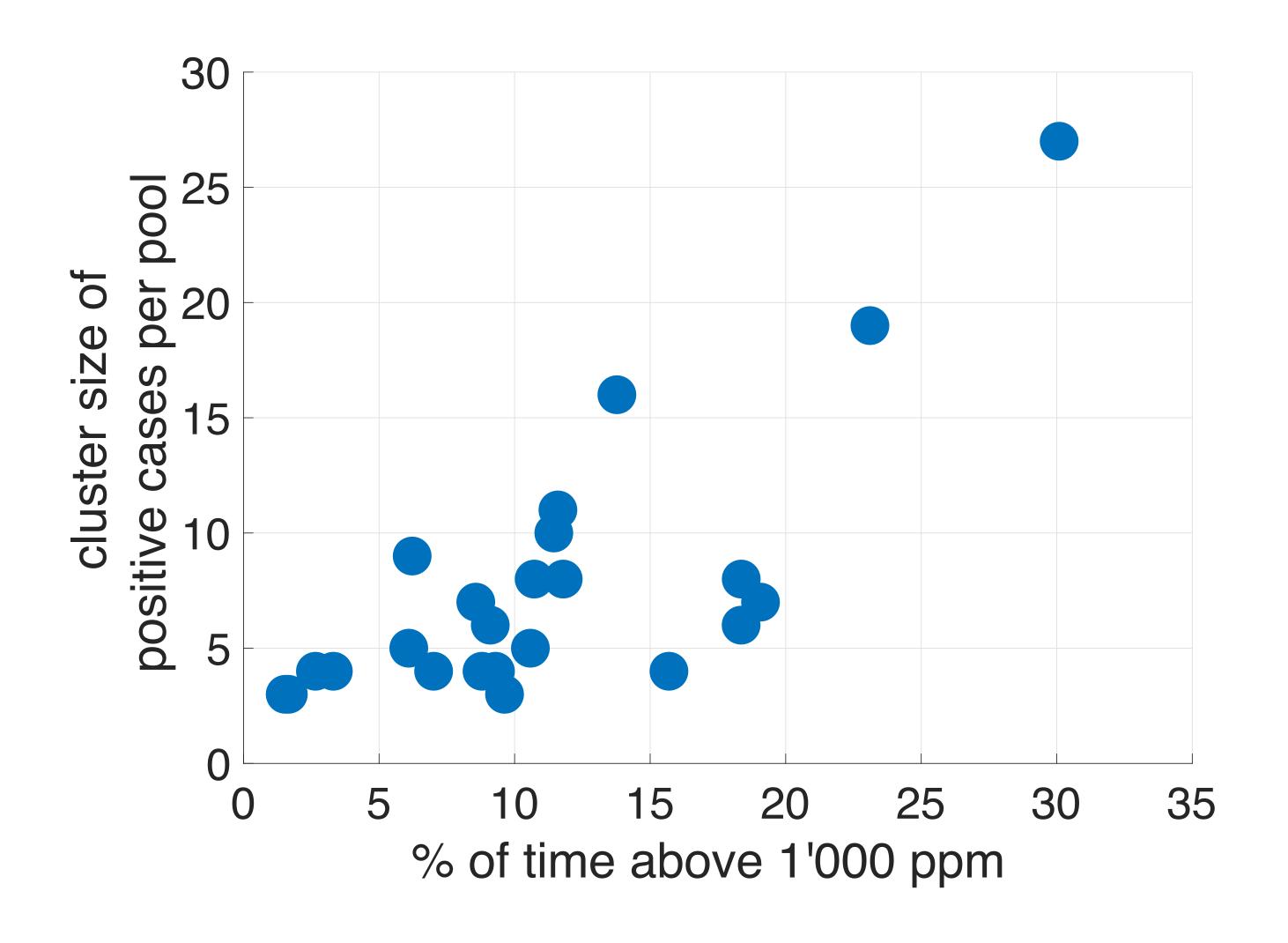




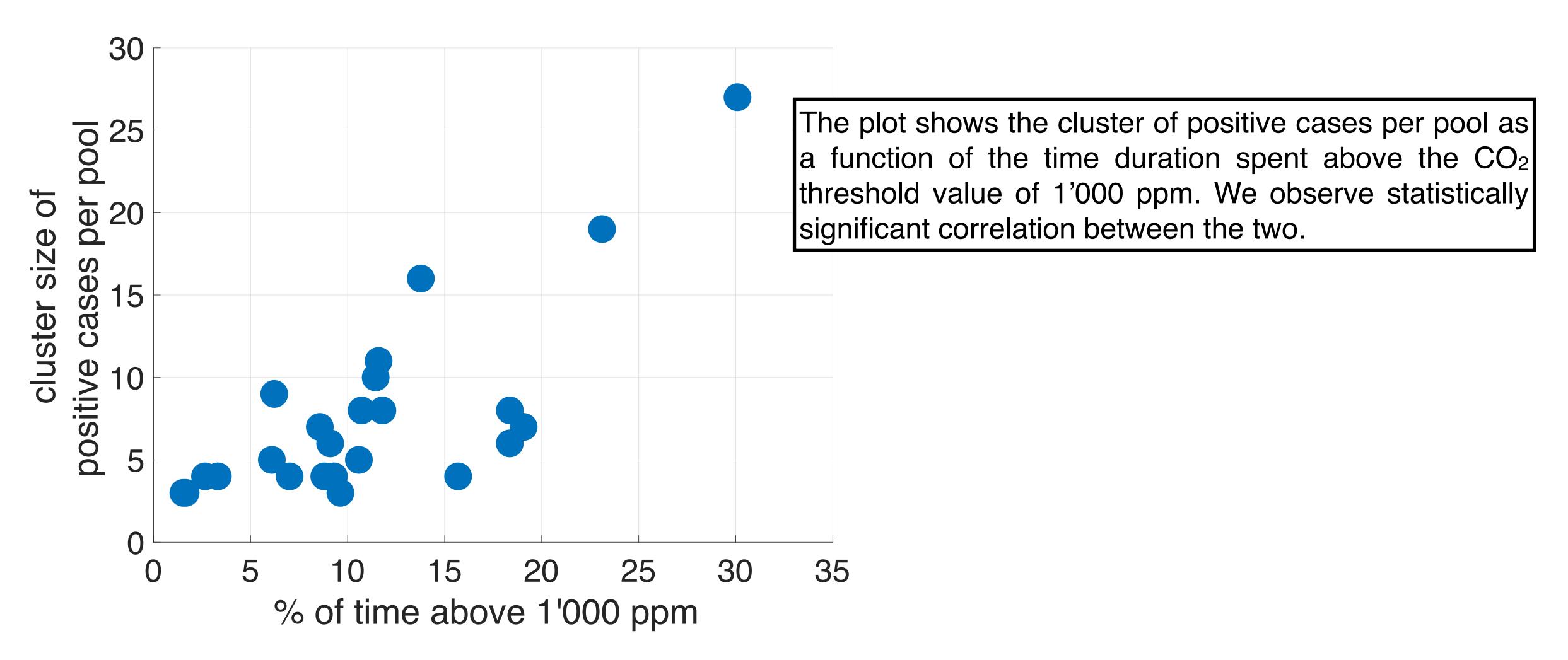
We didn't have access to negative tests, nor the number of present students. Therefore we focus on pool of students.

Students were tested in pools of (typically) same size, on a weekly basis. We identify positive cases in a pool as a cluster, once the number of positives, at a given time, is three or more.

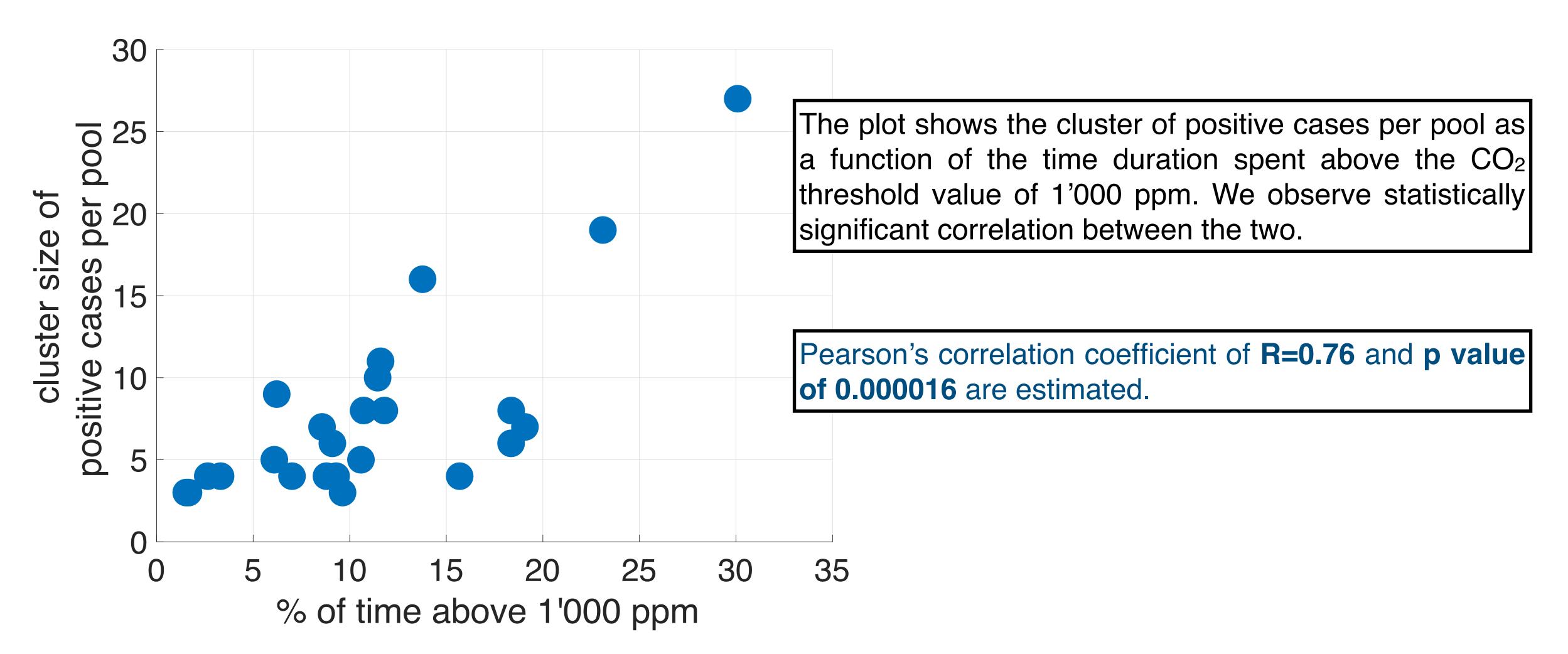




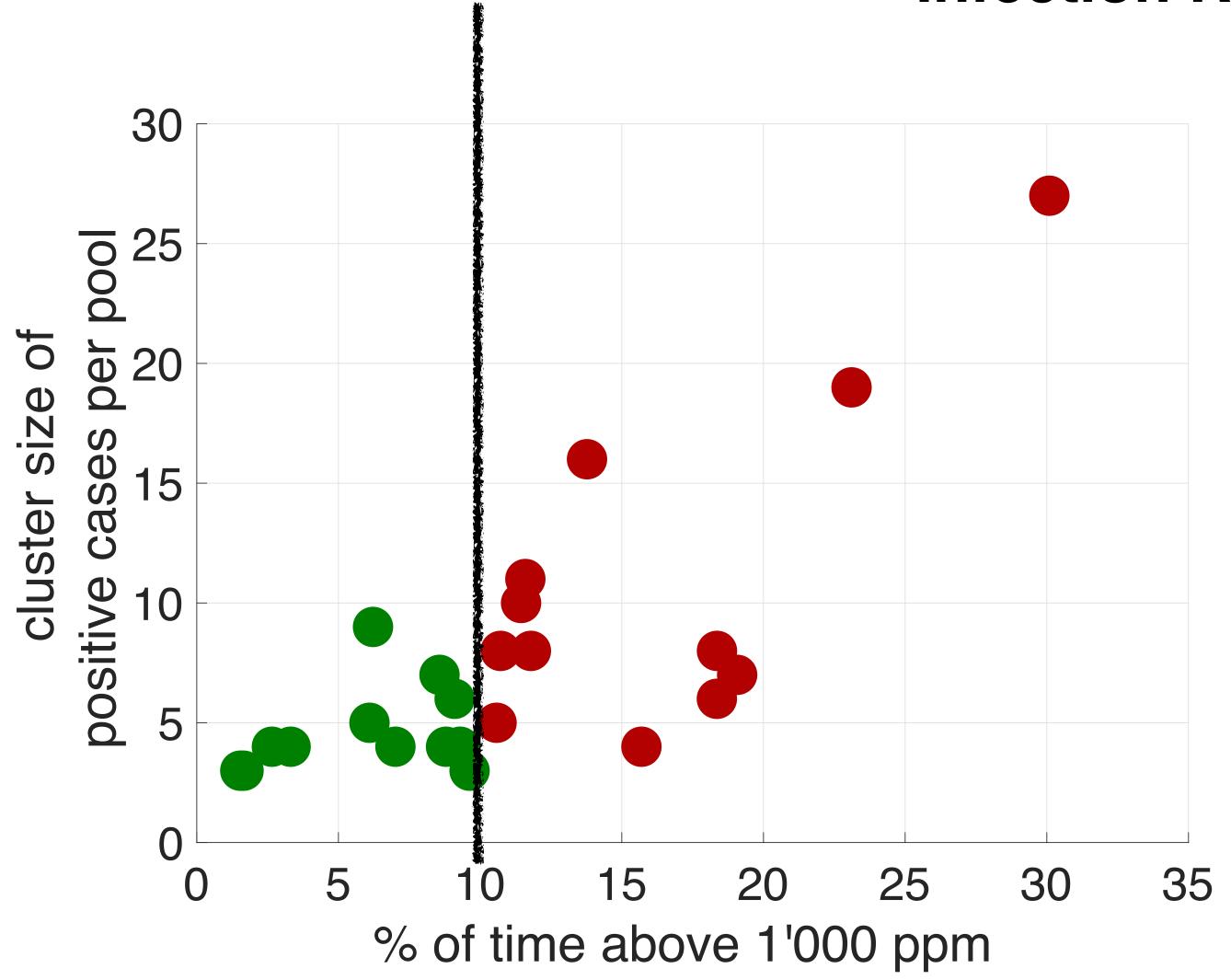








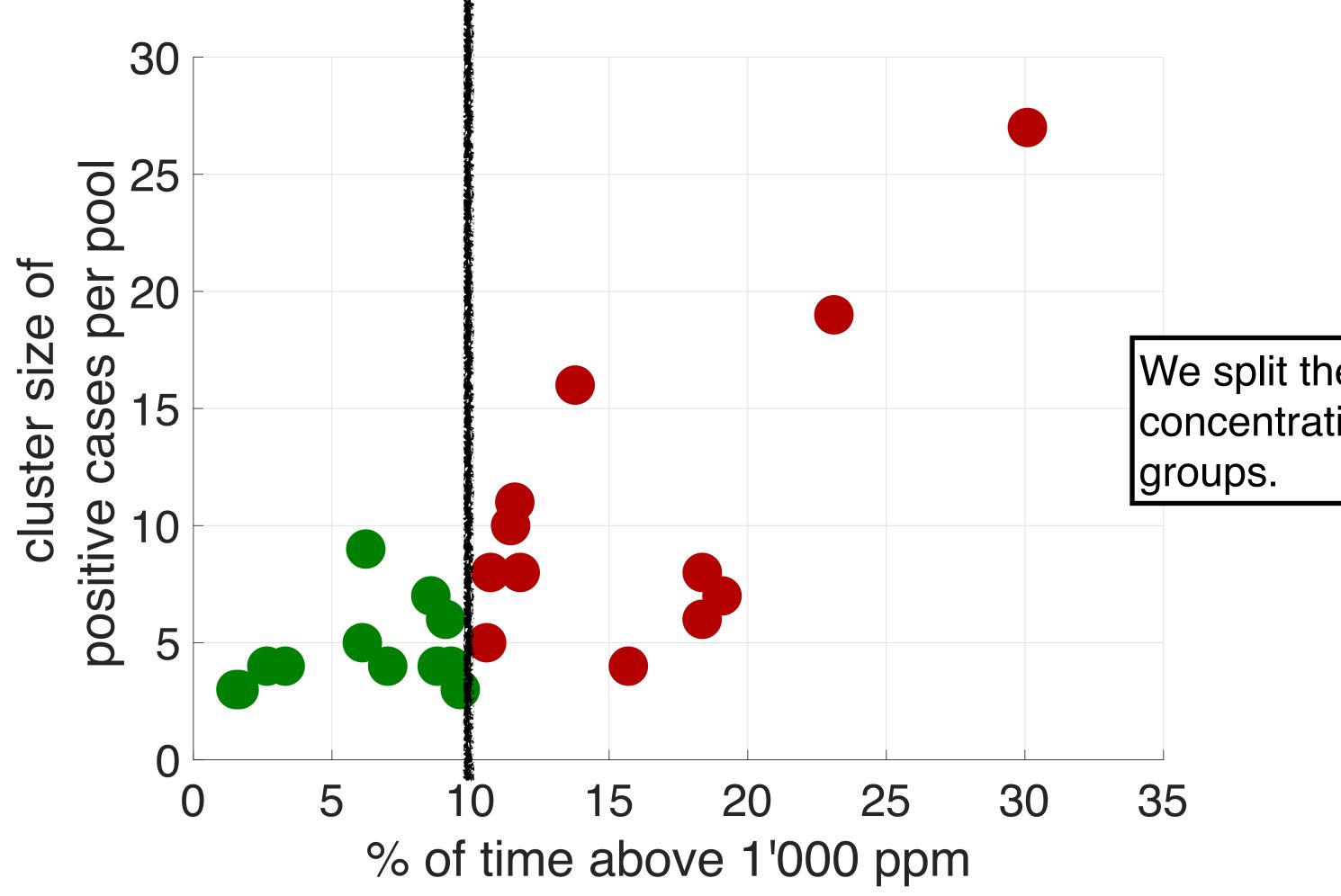




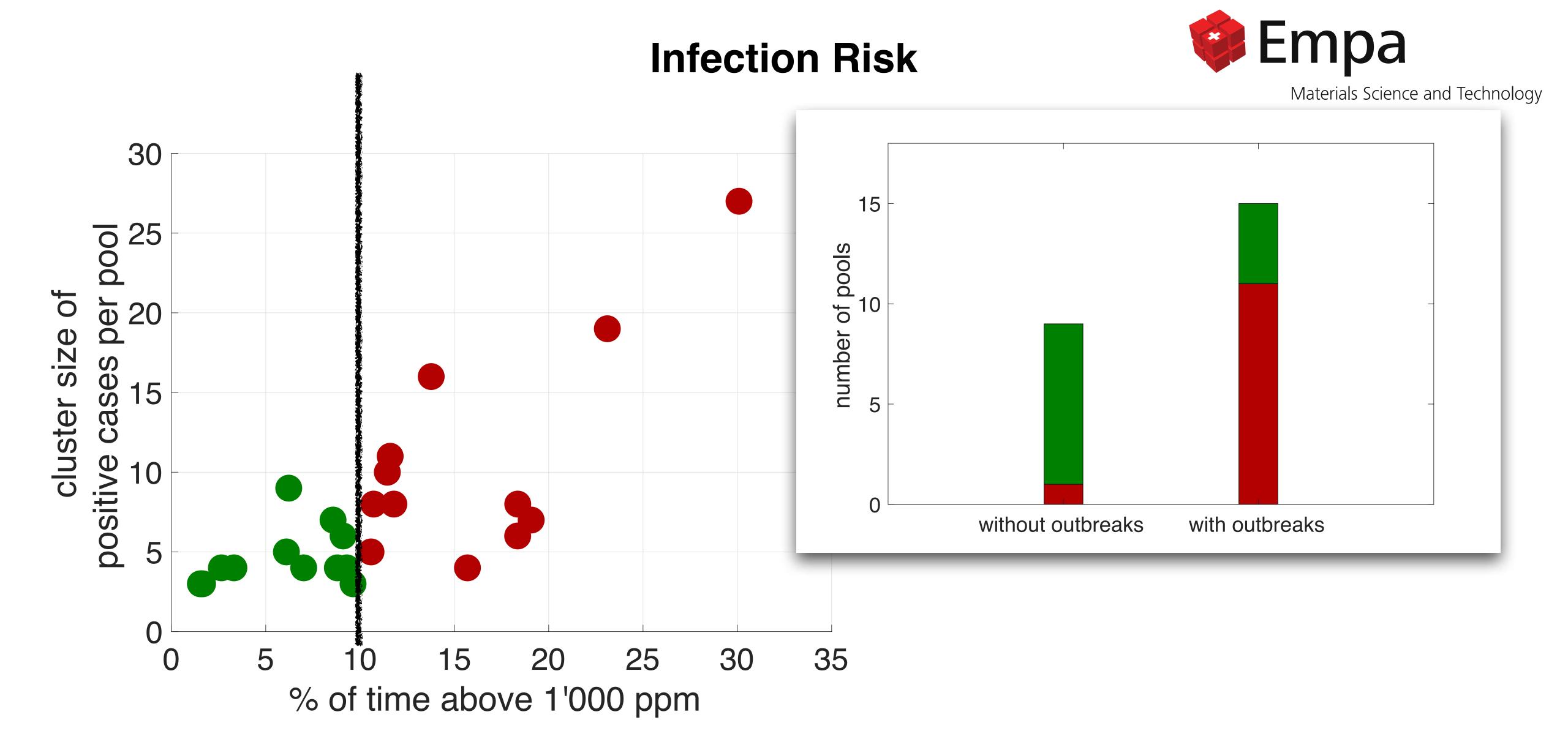




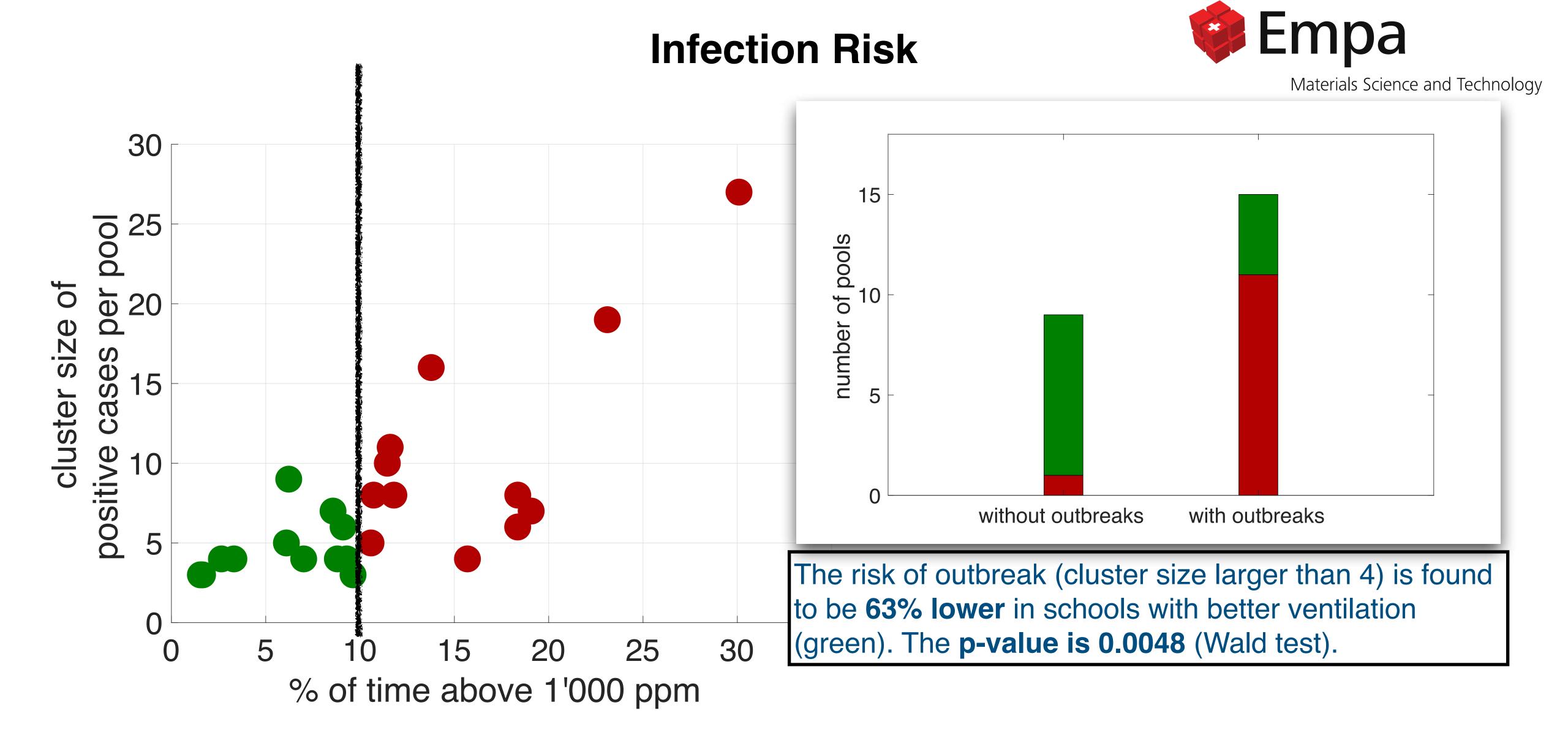




We split the schools with respect to their CO<sub>2</sub> concentration. We perform statistical tests on the two groups.



Hossein Gorji



## **Comparison with Other Studies**



## **Comparison with Other Studies**



International Journal of Hygiene and Environmental Health 234 (2021) 113746



Contents lists available at ScienceDirect

#### International Journal of Hygiene and Environmental Health



journal homepage: www.elsevier.com/locate/ijheh



From spontaneous to strategic natural window ventilation: Improving indoor air quality in Swiss schools

Claudia C. Vassella <sup>a</sup>, Jeremy Koch <sup>a,1</sup>, Alexander Henzi <sup>b</sup>, Alexander Jordan <sup>b,2</sup>, Roger Waeber <sup>a,\*</sup>, Reto Iannaccone <sup>a,3</sup>, Roland Charrière <sup>a</sup>

High CO<sub>2</sub> values have been reported for schools in Switzerland. The **median is reported 1'600 ppm** in the control group.

<sup>&</sup>lt;sup>a</sup> Federal Office of Public Health, Consumer Protection Directorate, Indoor Pollutants Unit, CH-3003 Bern, Switzerland

<sup>&</sup>lt;sup>b</sup> Institute of Mathematical Statistics and Actuarial Science, University of Bern, CH-3012 Bern, Switzerland

#### **Comparison with Other Studies**



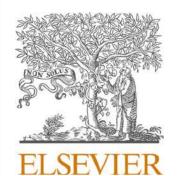
**Introduction:** While increasing the ventilation rate is an important measure

to remove inhalable virus-laden respiratory particles and lower the risk of

infection, direct validation in schools with population-based studies is far from

Materials Science and Technology

International Journal of Hygiene and Environmental Health 234 (2021) 113746



Contents lists available at ScienceDirect

#### International Journal of Hygiene and Environmental Health







a section of the journal

Frontiers in Public Health

**RECEIVED 01 November 2022** 

ACCEPTED 25 November 2022

PUBLISHED 09 December 2022

From spontaneous to strategic natural window ventilation: Improving indoor air quality in Swiss schools



<sup>&</sup>lt;sup>a</sup> Federal Office of Public Health, Consumer Protection Directorate, Indoor Pollutants Unit, CH-3003 Bern, Switzerland

High CO<sub>2</sub> values have been reported for schools in Switzerland. The **median is reported 1'600 ppm** in the control group.



definitive.

The study reports a **74% reduction in the risk of infection**, in schools with mechanical ventilation compared to the natural one, in Italy.

<sup>&</sup>lt;sup>b</sup> Institute of Mathematical Statistics and Actuarial Science, University of Bern, CH-3012 Bern, Switzerland





• There is an urgent need to improve our understanding on the link between indoor air and population-scale epidemiology: This entails coordinated efforts between different organisations of public health and education.



- There is an urgent need to improve our understanding on the link between indoor air and population-scale epidemiology: This entails coordinated efforts between different organisations of public health and education.
- Our study points to the unacceptable CO<sub>2</sub> level in considered schools during heating season. This can be readily improved by interventions such as better regulating the natural ventilation, moving to mechanical ventilation, etc.



- There is an urgent need to improve our understanding on the link between indoor air and population-scale epidemiology: This entails coordinated efforts between different organisations of public health and education.
- Our study points to the unacceptable CO<sub>2</sub> level in considered schools during heating season. This can be readily improved by interventions such as better regulating the natural ventilation, moving to mechanical ventilation, etc.
- Carbon dioxide sensors available on the market are useful tools to get an idea about the air exchange quality of the indoor environment. However in order to quantitatively analyse the outputs and support evidence-based policies, extra data handling modules need to be integrated and validated in the sensor devices.

## Acknowledgments



Martin Bühler





Roger Vonbank



# Thank you!